

## PANINI

All artisan breads for our panini are made by our own artisan bakery next door. Choice of mixed green salad, fresh fruit, french fries, or soup.

Substitute sweet potato fries for \$1.00

### ARTICHOKE CHICKEN 11.49

Oven-roasted chicken breast, caramelized onion, artichoke hearts, Swiss cheese, sundried tomato, garlic aioli on our famous multigrain bread

### ☕ PESTO CHICKEN 11.49

Oven-roasted chicken breast, caramelized onion, arugula, tomato, pesto aioli on our ciabatta bread

### ☕ GOAT CHEESE TURKEY 11.49

Sliced smoked turkey, caramelized onion, goat cheese, fresh tomato, sundried tomato, garlic aioli on our famous multigrain bread

### ☕ ROASTED VEGETABLE 9.95

Eggplant, zucchini, squash, bell pepper, fresh tomato, cream cheese on our honey wheat bread

## GRILLED CHEESES

Served with mixed green salad, fruit, french fries, or soup. Substitute sweet potato fries for \$1.00

### CLASSIC 8.80

Gruyère, fontina on buttered brioche

### CARAMELIZED ONION 9.72

Gruyère, fontina, béchamel on grilled sourdough

### CROQUE MONSIEUR 9.72

Maple ham, gruyère, béchamel on grilled sourdough

### CAPRESE 9.72

Buffalo mozzarella, tomato, housemade basil pesto on grilled sourdough

## SANDWICHES

All artisan breads for our sandwiches are made by our own artisan bakery next door. Choice of soup, mixed green salad, fresh fruit or french fries. Substitute sweet potato fries for \$1.00

### GRILLED SALMON 14.82

Grilled salmon, caramelized onion, fresh tomato, arugula, garlic aioli on our French roll

Please allow extra few minutes

### CUBAN SANDWICH 9.72

Housemade pulled pork, maple ham, pickles, Dijon aioli on our French roll

### ☕ SMOKED TURKEY AVOCADO 10.88

Swiss cheese, lettuce, tomato, onion, garlic aioli on our honey wheat bread

### BLT 9.26

Chunky bacon, lettuce, heirloom tomato (when in season), mayo on our sourdough bread

### ☕ ALBACORE TUNA 9.49

Albacore tuna, tomato, onion, lettuce, garlic aioli on our marbled rye bread

### CLUB 11.34

Smoked turkey, Swiss cheese, bacon, avocado, tomato, onion, lettuce, garlic aioli on our honey wheat bread

Please allow extra few minutes

### CORNED BEEF 9.89

Corned beef, Swiss cheese, sauerkraut, Thousand Island dressing on grilled rye bread

### ☕ SMOKED SALMON BAGEL 12.96

Smoked salmon, cream cheese, onion, tomato, capers

## QUICHE includes side salad\*

\*Substitute roasted potatoes or fruit upon request

### QUICHE LORRAINE Ham, cheese, bacon 9.26

### SPINACH MUSHROOM QUICHE 9.26

Spinach, mushroom, cheese

## HALF & HALF LUNCH SPECIAL 7.87

Choice of 1/2 sandwich:

BLT, Albacore Tuna, Smoked Turkey Avocado; choice of cup of soup or side salad

Substitute Panini or Club \$1.00

Please allow extra few minutes for Panini or Club

## SOUP OF THE DAY

Cup 4.40

Bowl 5.56

Made fresh daily, served with our multigrain toast

# Visit our ARTISAN BAKERY NEXT DOOR

☕ = A Crema Cafe Favorite!

## SWEET CREPES

Includes fresh housemade whipped cream and caramel, and a light dusting of powdered sugar

Or à la mode with vanilla ice cream \$1.84

### BANANAS FOSTER 9.95

Caramelized banana, butter, brown sugar, orange zest

### LEMON CURD SUGAR 8.80

Butter, lemon curd, orange zest

### MIXED BERRY Fresh blueberries, strawberries 9.26

### NUTELLA Hazelnut chocolate 8.80

### NUTELLA BANANA 9.49

### NUTELLA STRAWBERRY 9.49

### STRAWBERRY BANANA 9.49

### STRAWBERRY 8.80

## MAKE

### YOUR OWN

### SWEET CREPE 7.99

Strawberry, Blueberry, Chocolate, Nutella, Lemon Curd, Banana, Cinnamon Sugar  
Add 75¢ each

## SAVORY CREPES

Made with our special 7-cheese blend, drizzled with a mild garlic cream sauce. Choice of mixed green salad, fresh fruit or french fries. Substitute sweet potato fries \$1.00

### ☕ BREAKFAST CREPE 12.73

Scrambled eggs, potato, cheese, chorizo, avocado, sour cream, side of pico de gallo.

### HAM & CHEESE 10.88

Honey-cured ham, cheese

### ARTICHOKE CHICKEN 12.50

Oven-roasted chicken breast, artichoke hearts, sundried tomato, caramelized onion

### PESTO CHICKEN 12.50

Oven-roasted chicken breast, caramelized onion, arugula, pesto sauce

### SPINACH & MUSHROOM 11.81

Sautéed spinach, mushroom, cheese

### MUSHROOM CHICKEN 12.50

Oven-roasted chicken breast, mushroom, cheese

## MAKE

### YOUR OWN

### SAVORY CREPE 9.49

Made with our special 7-cheese blend

Roasted Vegetables, Spinach, Fresh Tomato, Sundried Tomato, Artichoke Hearts, Mushroom, Bell Pepper, Kalamata Olives, Fresh Onion, Caramelized Onion, Capers, Jalapeño, Cilantro, Pesto Add 75¢ each

Avocado, Bacon, Chicken, Turkey, Ham, Pork Sausage, Chorizo Add \$1 each

Chicken Apple Sausage Add \$1.15 each

Smoked Salmon Add \$3.49

## BURGERS

### CREMA BURGER 10.88

1/2 lb angus beef on our brioche bun, with bacon, Swiss cheese, fresh tomato, fresh onion, caramelized onion, butter lettuce, Thousand Island dressing

### CHORIZO BURGER 11.34

1/2 lb angus beef and pork chorizo on our brioche bun, with caramelized onion, jalapeño jack cheese, avocado, tomato, butter lettuce, Thousand Island dressing

### VEGETARIAN BURGER 9.95

Vegetarian patty on our brioche bun, with roasted vegetable, tomato, onion, butter lettuce, Thousand Island dressing

## MAKE

### YOUR OWN

### BURGER 7.87

1/2 lb angus beef or vegetarian patty on a brioche bun, with garlic aioli, lettuce, tomato, onion (pickles on request)

Mushroom, Caramelized Onion, Spinach,

Roasted Vegetable, Sundried Tomato, Swiss Cheese

Add 75¢ each

Avocado, Bacon Add \$1 each

## SALADS

Add roasted chicken \$3.24 Add grilled salmon \$7.87

### HOUSE SALAD 11.34

Mixed greens, hearts of palm, corn, cucumbers, tomatoes, avocado, sherry vinaigrette dressing

### SALADE NIÇOISE 13.56

Mixed greens, albacore tuna, hard-boiled egg, olives, green beans, potatoes, cucumbers, tomatoes, sherry vinaigrette dressing

### CHINESE CHICKEN SALAD 10.88

Mixed greens, oven-roasted chicken breast, enoki mushrooms, daikon sprouts, carrots, crispy wonton strips, sesame dressing

### CAESAR SALAD 8.33

Crisp romaine lettuce, shaved parmesan cheese, creamy caesar dressing, housemade croutons

### CAPRESE SALAD 11.34

Buffalo mozzarella, tomatoes, baby arugula, housemade basil pesto, balsamic vinaigrette

### BISTRO SALAD 11.57

Frisee lettuce, chunky bacon, parmesan cheese, croutons, warm poached egg with our house sherry vinaigrette

### GRILLED SALMON SALAD 14.82

Mixed greens, 6 oz grilled salmon, tomatoes, onions, capers, sherry vinaigrette dressing

\*please allow an extra few minutes

## KIDS MENU 12 and under

### KID'S PANCAKE 5.79

Buttermilk or Banana

### KID'S BRIOCHE FRENCH TOAST 5.79

With orange zest syrup, whipped cream

### KID'S OATMEAL 4.99

6 oz oatmeal with raisins, brown sugar, nonfat milk

### KID'S EGG & TOAST 5.79

Served with our roasted potatoes

Add bacon \$2.75

### KID'S CREPE 5.79

With powdered sugar and caramel, plus one ingredient: Strawberry, Blueberry, Lemon, Banana, Chocolate or Nutella

### KID'S GRILLED CHEESE 5.79

With fresh fruit

### KID'S PB&J 5.79

With fresh fruit

### KID'S TURKEY SANDWICH 5.79

Smoked turkey breast, Swiss cheese, with fresh fruit





## EGG DISHES

\*Come with a choice of roasted potatoes, or fresh fruit and choice of artisan breads from our bakery: Pain de Mie, Honey Wheat, Sourdough, Marbled Rye, English Muffin, Multigrain. Substitute pastry for \$1.50 Substitute egg whites for \$1.15

\***TRADITIONAL** Two eggs any style 7.41

\***TWO EGGS** With bacon, ham, or sausage 8.80  
Substitute chicken apple sausage for \$1.61

\***TOFU SCRAMBLE** 11.34  
Tofu, curry, bell pepper, caramelized onion

\***FITNESS SCRAMBLE** 11.81  
Egg whites, turkey, spinach, parmesan, caramelized onion


\***SEAL BEACH SCRAMBLE** 11.81  
Eggs, bacon, tomato, avocado, cilantro


\***CAPRESE SCRAMBLE** 11.34  
Eggs, fresh tomato, pesto sauce, buffalo mozzarella


**CROQUE MADAME** 12.27  
Open-face butter croissant, ham, two eggs sunny-side up, hollandaise


**CORNED BEEF** 12.50  
Two eggs sunny-side up, served over a bed of potatoes, topped with sour cream and pico de gallo

**BREAKFAST SANDWICH** 7.87  
Two scrambled eggs, cheese, mayo, choice of bread  
Bacon, sausage, chicken apple sausage, ham Add 69¢ each  
Roasted vegetables Add 23¢

 **FRIED EGG SANDWICH** 8.56  
Bacon, gorgonzola cheese, lettuce, tomato, garlic cream sauce, choice of bread

 **BREAKFAST BURRITO** 7.87  
Eggs, cheese, roasted potatoes, side of pico de gallo  
Bacon, ham, sausage, chorizo, soy chorizo, roasted vegetables Add 69¢ each

 **FITNESS BURRITO** 8.56  
Egg whites, turkey, spinach, avocado, caramelized onion, parmesan cheese, side of pico de gallo

 **BREAKFAST CREPE** 12.73  
Scrambled eggs, potato, cheese, chorizo, avocado, sour cream, side of pico de gallo.

## BENEDICTS

Choice of roasted potatoes or fresh fruit. Served on our own English muffin.

**CLASSIC** 12.73  
Poached eggs, Canadian bacon, hollandaise

**CARNITAS** 12.73  
Poached eggs, carnitas, hollandaise

**CHORIZO** 12.73  
Poached eggs, chorizo, hollandaise  
Soy chorizo available—ask your server

**SMOKED SALMON** 13.89  
Poached eggs, smoked salmon, hollandaise

**ROASTED VEGETABLE** 12.27  
Poached eggs, roasted eggplant, zucchini, squash, bell pepper, hollandaise (spinach available)

## OFF THE GRIDDLE

All dusted with powdered sugar

**BUTTERMILK PANCAKE** 7.87

**OATMEAL BANANA PANCAKE** 8.56

**BELGIAN WAFFLE** 9.49  
Topped with berries

**MULTIGRAIN FRENCH TOAST** 9.95  
With orange zest syrup

**BRIOCHE FRENCH TOAST** 9.95

**NUTELLA BANANA FRENCH TOAST** 11.49

# Visit our ARTISAN BAKERY NEXT DOOR

 = A Crema Cafe Favorite!

## OMELETS

Topped with mild garlic cream sauce. Choice of roasted potatoes or fresh fruit, and choice of artisan breads from our bakery: Pain de Mie, Honey Wheat, Sourdough, Marbled Rye, English Muffin, Multigrain. Substitute pastry for \$1.50 Substitute egg whites for \$1.15

**SEAL BEACH** 11.81  
Bacon, avocado, tomato, cilantro, cheddar jack cheese

**HAM & CHEESE** 10.88  
Honey-cured ham, cheddar jack cheese

**SPINACH & MUSHROOM** 11.34  
Sautéed spinach, mushroom, cheddar jack cheese

**SMOKED SALMON** 13.56  
Smoked salmon, tomato, cream cheese, caramelized onion, capers

**ROASTED VEGETABLE** 10.88  
Eggplant, zucchini, squash, bell pepper, cheddar jack cheese

**FITNESS** 11.81  
Egg whites, turkey, spinach, caramelized onion, parmesan cheese

**CAPRESE** 11.34  
Buffalo mozzarella, fresh tomato, topped with pesto sauce

**MEXICAN** 11.57  
Chorizo, cheddar jack cheese, pico de gallo salsa

## MAKE YOUR OWN OMELET 8.80

Three eggs and cheddar jack cheese (or substitute Goat, Feta, Swiss, Gorgonzola, Parmesan, Mozzarella)

Roasted Vegetables, Spinach, Fresh Tomato, Sundried Tomato, Artichoke Hearts, Mushroom, Bell Pepper, Kalamata Olives, Fresh Onion, Caramelized Onion, Capers, Jalapeño, Cilantro, Pesto Add 75¢ each

Avocado, Bacon, Chicken, Turkey, Ham, Pork Sausage, Chorizo Add \$1 each

Chicken Apple Sausage Add \$1.15 each

Smoked Salmon Add \$3.49

## FROM OUR BAKERY

**CROISSANTS** Butter, Strawberry, Cream Cheese, Almond, Chocolate, Chocolate Almond, Ham & Cheese, Spinach & Cheese

**MUFFINS** Apple Cinnamon, Blueberry, Banana Nut, Berry Lover, Chocolate Chip, Cranberry, Pear Mango, Raisin Bran, Pumpkin (seasonal)

**COOKIE** Chocolate Chip, Oatmeal Raisin

**PASTRIES** Cinnamon Pull-Apart, Bear Claw, Kouign-Amann, Canelé, Morning Bun, Plain Brioche, Berry or Pear Brioche, Brioche à Tête, Croissant Donut (Plain or Pastry Cream Filled)

**SCONES** Coconut, Cranberry Orange, Maple Pecan, Bacon Cheddar, Pumpkin (seasonal)

Ask your server for our  
current selection of Desserts

## SIDES Served all day during restaurant hours

**CREMA HOUSEMADE GRANOLA** 6.03  
With berries & milk

**OATMEAL** 5.79  
With raisins, brown sugar, nonfat milk

**TWO EGGS** 5.32  
Any style

**BACON, HAM, OR SAUSAGE** 3.25

**ROASTED POTATOES** 4.63

**TOAST** 2.78  
Pain de Mie, Honey Wheat, Sourdough, Marbled Rye, English Muffin, Multigrain

**TOASTED BAGEL** 2.50  
With cream cheese. Choose from:  
Plain, Blueberry, Sesame, Jalapeño  
Cheese, Everything, Onion,  
Cinnamon Raisin, Whole Wheat

**FRUIT, YOGURT & GRANOLA** 6.94  
Fresh fruit, vanilla yogurt,  
Crema housemade granola

## BEVERAGES

**SMOOTHIES** 5.25  
Strawberry, Strawberry Banana, Mango, Pineapple  
Add protein powder \$1.00

**ORANGE JUICE** Reg 3.00 Lg 4.00

**MILK** Nonfat or Whole 2.50  
Soy or Almond Add 50¢

**CHOCOLATE MILK** 2.75

**COKE/DIET COKE** can 1.50

**COKE** bottle 2.50

**PELEGRINO SPARKLING WATER** 3.00

**KANGEN ALKALIZED WATER** bottle  
Unlimited refills for dine-in 2.00

**BOTTLED WATER** 1.50

**APPLE JUICE** 2.25

**GATORADE** 2.50

	Regular	Large
<b>BLACK ICED TEA</b>	2.25	2.50
<b>THAI ICED TEA</b>	3.25	3.75
<b>MANGO GREEN TEA</b>	3.25	3.75
Sweetened		
<b>LEMONADE</b>	3.25	3.75

Hot Beverages	Extra shot 50¢	Single	Double	Triple
<b>ESPRESSO</b>		2.00	2.50	3.00
<b>AMERICANO</b>		2.00	2.50	3.00
<b>LATTE</b> Add syrup 50¢		3.25	3.75	4.25
<b>VANILLA LATTE</b>		3.50	4.00	4.50
<b>MACCHIATO</b>		2.25	2.75	3.25
<b>CAPPUCCINO</b>		3.00	3.50	4.00
<b>CAFE MOCHA</b>		3.50	4.00	4.50
<b>WHITE CHOCOLATE MOCHA</b>		3.50	4.00	4.50

Substitute Soy, Almond, or Breve available for additional 50¢

	Regular	Large
<b>CAFÉ AU LAIT</b>	2.75	3.25
<b>ICED COFFEE</b>	3.00	3.50

**FRESH BREWED COFFEE** To Go only 16 oz 2.00 20 oz 2.25 Refill 50¢

**ENDLESS MUG** Dine-in only 3.50

**HOT CHOCOLATE** 3.00

Also available Iced or Blended \$5.00

**SPICED CHAI LATTE**

**VANILLA CHAI LATTE**

Regular or No Sugar Added

**GREEN TEA LATTE**

**CAFE MOCHA**

**WHITE CHOCOLATE MOCHA**

**HOT TEA** 2.00

Green Tea, Chai, Spiced Chai, English Breakfast, Chamomile, Raspberry, Earl Gray, Decaf Green Tea

**LOOSE LEAF TEA** 3.25

Ask your server for current tea flavors

**FLOWERING**

**JASMINE TEA** for 2 5.00



**CREMA HOUSEMADE GRANOLA** 6.03  
With berries & milk

**OATMEAL** 5.79  
With raisins, brown sugar, nonfat milk

**TWO EGGS** 5.32  
Any style

**BACON, HAM, OR SAUSAGE** 3.25

**ROASTED POTATOES** 4.63

**TOAST** 2.78  
Pain de Mie, Honey Wheat, Sourdough, Marbled Rye, English Muffin, Multigrain

**TOASTED BAGEL** 2.50  
With cream cheese. Choose from:  
Plain, Blueberry, Sesame, Jalapeño  
Cheese, Everything, Onion,  
Cinnamon Raisin, Whole Wheat

**FRUIT, YOGURT & GRANOLA** 6.94  
Fresh fruit, vanilla yogurt,  
Crema housemade granola

**BOWL OF BERRIES** 5.79  
Seasonal strawberries,  
blueberries

**FRESH FRUIT BOWL** 3.94  
Honeydew, cantaloupe,  
pineapple, grapes

**SIDE SALAD** 4.87  
Mixed greens, corn,  
tomato, sherry vinaigrette  
dressing

**SEASONED FRIES** 3.94

**SWEET POTATO FRIES** 4.86